



The Master's in Health, Ageing and Society (formerly known as Vitality and Ageing) prepares you for an important role in improving the future of our care. The degree combines different perspectives on growing older in good health, public health, and health management. You will learn and work together in small groups with students with different study backgrounds and with diverse nationalities. You will gain knowledge about biology of ageing, learn about the implications of ageing on an individual and societal level, and you will acquire knowledge about health management of an ageing population.

Furthermore, you will also develop academic and personal skills, such as communication, leadership and research skills. Through an individual learning pathway you can work on or develop further on a topic of your own interest. Because of the relatively small scale of the programme, there is much individual guidance, such as mentoring and professional development sessions. Throughout the programme you will collaborate with, senior citizens, visit (inter)national potential employers, attend network events, and give presentations for actors in the field. By the end of the master's, you will combine your gained knowledge and skills in a scientific thesis and internship of 10 weeks. Quite some students take the opportunity to do their internship abroad.

The master's Health, Ageing and Society is an intensive one-year fulltime programme. Since 2022-23, it is also possible to follow the programme part-time, where you follow the same curriculum, spread over two years. This part-time programme is also aimed at professionals in the working field. It involves 2-3 days of self-study per week, plus on Friday live working groups.

Career

Alumni of the Master's Health, Ageing and Society start their careers in various academic positions. Most alumni (78%) work in a job related to the study. Within 3 months after graduating, 75% of the students find a job. Some examples: PhD tracks at various universities, project leaders, staff advisers in research and health organisations, and policy developers. Some choose to continue their education with a second Master's (predominantly students with a bachelor degree in Medicine).

Best preparatory bachelor's

A health-related bachelor's degree. Additionally, we invite students with other bachelor's backgrounds, and especially international bachelor's backgrounds to visit our website and view our specific entry requirements. [Master's application and admission - Leiden University \(universiteitleiden.nl\)](https://www.universiteitleiden.nl/en/master/health-ageing-and-society)

For more information about the Master's and the upcoming events, check our website! [Health, Ageing and Society \(MSc\) - Leiden University \(universiteitleiden.nl\)](https://www.universiteitleiden.nl/en/master/health-ageing-and-society)